

SPRING
2022

Middle School



Real Talk

Real Talk is a series designed to help middle schoolers take steps toward having real, honest conversations about sex and relationships. While students in this phase will approach this topic from different places, the goal is to help them discover God's truth about sex and relationships and how that applies to their lives, both now and in the future. Though they may feel awkward or uncomfortable, it's important to keep the conversation going, especially in a safe space like church!

MEMORY VERSE

"The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life."
John 10:10, NLT

Week One

Matthew 22:36, Matthew 22:37-40

It's important to have real talk about sex and dating.

Week Two

Ephesians 5:15, 1 Corinthians 10:13

It's important to have real talk about pornography.

Week Three

Romans 12:9-10

It's important to have real talk about relationships.

Week Four

Matthew 5:14-16

Real talk . . . you can choose to be single.

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ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your middle schooler starts their day, encourage them by letting them know something you learned from them recently.



Meal Time

At a meal this week, talk about a show or movie you've seen recently as a family. Try to discuss specifically how topics like sex, relationships, and dating were portrayed.



Drive Time

While on the go this week, bring up a recent news item you know your kid is interested in and ask your middle schooler what he/she thinks about it. Be careful not to judge or attempt to correct their opinion. Instead, show that you are interested in their take!



Bed Time

Pray: "God, help me to be someone my kid can talk with about sex. Give me your wisdom to know how to respond and help me to respond well."



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