

The One

Where did the idea of finding “the one” come from? Doesn’t it seem like a lot of pressure when you’re just trying to figure out relationships in the first place? In this series, for those who are currently dating and those who aren’t, we’ll focus on becoming the kind of person you’re looking for, how to approach dating in a healthy way, what to do with a breakup, and the way to keep a clear perspective when it comes to dating.

MEMORY VERSE

“The thief’s purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.”
John 10:10, NLT

Week One

Proverbs 24:27, 1 Corinthians 13:4-7
Becoming the one is better than finding the one.

Week Two

Proverbs 25:16, Ephesians 5:15-16
Don’t let anyone become your everything.

Week Three

Philippians 2:3-7
A breakup doesn’t have to break you.

Week Four

Proverbs 17:22, Philippians 4:4, 4:8
You pick your perspective.

High School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start your teen's day off with a compliment, like "I'm proud of how hard you are working in school!!"



Their Time

Be available and accessible for when they want to talk. (Keep in mind, it may be late.)



Meal Time

At a meal this week, ask your teen: "You've changed and grown a lot this past year. What is one way you notice that you're different than last year?"



Bed Time

Pray for your teen for the strength to focus on who they are becoming instead of solely who they are with or want to be with.



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